

FOCUS_{DUAL}

*Give skin back
its snap...*

**Aesthetics
Awards**
WINNER

CELEBRATING
25
YEARS
1994 - 2019
IN AESTHETIC TECHNOLOGY

Lynton

LIFT | FIRM | TIGHTEN

FOCUS DUAL

Focus Dual offers a unique combination of the latest clinically proven technologies for face and body treatments. Radiofrequency Microneedling and High Intensity Focused Ultrasound come together to give maximum results to reduce the signs of ageing. With these gold-standard technologies we can treat the skin at EVERY layer to lift, firm, and tighten.



Give skin back its **SNAP!**



Customised Treatments

*Ultimate flexibility to
tailor results for your
every skin concern.*

LIFT
FIRM
TIGHTEN

What are combination treatments?

As part of your Focus Dual treatment we can utilise the power of two gold-standard technologies in unison, to target your specific skin concerns.

Radio Frequency Microneedling and HIFU work well in combination for lifting, tightening and firming, achieving optimal rejuvenation.

Can combination treatments be used on patients of all ages?

Patients with ageing concerns can benefit from the combination of Microneedling with Radiofrequency and HIFU.

The Focus Dual offers many different needle depths and intensity settings for RF, alongside varying depths for HIFU. Each individual treatment can be easily customised for any particular skin type and the level of concern.

How many sessions will I need?

Results can be seen after just one session. However, a minimum of 2 and up to 6 treatments, at 4-week intervals, deliver the best results, depending on the skin concern.

What results should I expect?

Most patients see an improvement 2 to 3 weeks after the first treatment. Results are natural and get better over time, peaking at 12 weeks following the final treatment.

Will there be downtime?

There is virtually no downtime. A slight swelling and redness are present immediately post-treatment but should subside quickly.



High Intensity Focused Ultrasound

*Revitalise your face,
neck and body with
HIFU— a revolutionary
skin-tightening
procedure that helps
you to lift, smooth
and tighten sagging
skin without surgery.*

- Proven safety record
- Suitable for all skin colours
- Non-surgical treatment
- Lift, firm & tighten
- Comfortable treatments

What is High Intensity Focused Ultrasound (HIFU)?

HIFU stands for 'High Intensity Focused Ultrasound' and it is a non-surgical treatment that uses ultrasound to lift, firm and tighten the skin.

How does HIFU work?

HIFU deposits focused ultrasound energy below the surface of the skin, contracting all skin layers in just one treatment!

This stimulates the creation of new collagen in the area. HIFU is highly effective in firming, tightening and lifting the facial skin and reducing excess skin on the body.

How does HIFU stimulate collagen?

Collagen is a natural protein that gives skin its youthfulness by keeping it firm, tight and lifted. As we age, collagen loses its structure and its ability to stand up to the effects of gravity. HIFU kickstarts the repair process and helps the skin to produce fresh, strong collagen.

Is there any downtime with a HIFU treatment?

Due to the non-invasive nature of HIFU treatments, there is virtually no downtime. You may experience slight redness following the treatment, and a small percentage of our clients do experience minor swelling, tingling or tenderness. These symptoms are mild and temporary.

You'll be able to return to your normal activities straight away, and there are no special recovery measures needed. This is why HIFU has earned the name "lunchtime face lift".

How long until I see results from HIFU?

Some clients do see immediate initial effects; however, the ultimate lifting, firming and tightening results will take place over the following 2 to 3 months. During this time, older collagen structures are replaced by new, strong collagen. As the collagen-building process continues, you may see further improvements up to 6 months after the final procedure.

HIFU Facial Treatments

HIFU non-surgical face lift is a great way of addressing the effects of skin ageing without the downtime associated with surgery.

LIFT
FIRM
TIGHTEN

How does the treatment work?

This non-surgical face lift works on the SMAS layer deep below the skin, which is the area surgeons tighten for face and neck lifts. Rather than surgery, the Focus Dual harnesses ultrasound technology to radiate energy to the SMAS layer to tighten, lift and plump the skin.

What does the treatment feel like?

You may experience some mild heating or a slight tingling sensation during treatment. Patients describe this as moderate and acceptable.

How many sessions will I need?

Treatments are carried out every 4-6 weeks and typically between 1 and 3 treatments are recommended for best results. Top-up sessions are performed as required, but usually only once or twice a year.

How long will it take for me to see results?

Results can usually be seen immediately, but the results get better and better up to 12 weeks post treatment as your collagen is renewed.

We expect results to last 1-2 years but this can be dependent on lifestyle and maintenance.



Body Sculpting

Highly targeted fat reduction and skin tightening treatments with High Intensity Focused Ultrasound.

- Removes unwanted fat
- Firms & tightens lax skin
- Smooths uneven skin texture
- Non-surgical
- Comfortable treatments

How does the treatment work for Body Sculpting?

HIFU energy penetrates through the skin's layers. The high frequency of the ultrasound results in heating deeper under the skin, more effectively destroying fat cells and tightening the skin. The damaged cells are flushed from the body via a natural removal processes.

Which areas can be treated?

- Abdomen
- Back
- Axillary puff (underarms)
- Thighs
- Hips
- Buttocks
- Arms

What does the treatment feel like?

You may experience some mild heating or a slight tingling sensation during treatment. Patients describe this as moderate and acceptable.

How many sessions will I need?

Treatments are carried out every 4-6 weeks and typically between 1 and 3 treatments are recommended for best results.

How long will it take for me to see results?

Most patients see an improvement 2 to 3 weeks after the first treatment. Results will continue to get better over time, peaking at 12 weeks following the final treatment. For optimal results a course of treatments is recommended.



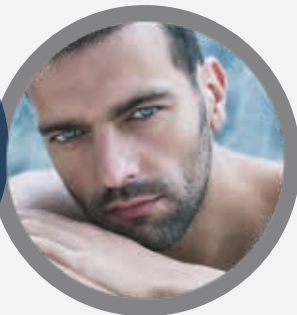
HIFU

Targeted Treatments

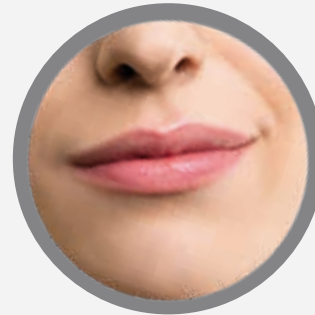


Eyeblink lift and eye lift

Mid-face skin tightening
and lifting



Jawline and submental
sculpting



Smooth fine lines and
wrinkles around the mouth

Sculpt the body and
reduce stubborn pockets
of fat



Tighten lax and loose skin
on the body

Radiofrequency Microneedling

Improve a variety of different skin conditions such as open pores, scars, wrinkles, and skin laxity.

- Smooths & evens acne scars & bumps
- Helps smooth wrinkles & fine lines
- Boosts collagen, improves skin texture & tightens the skin
- Suitable for all skin types & colours

How does Radiofrequency (RF) Microneedling work?

Ultrafine needles penetrate the skin to different depths whilst simultaneously releasing radiofrequency (RF) energy to heat the skin in a controlled manner, stimulating a wound healing response leading to the production of new collagen and elastin.

Our patients love how natural their skin looks and the results get better and better over time.

Can Radiofrequency Microneedling (RFM) be used on patients of all ages?

Yes, younger skin that doesn't yet require lifting and tightening can benefit from Microneedling without the RF, where the focus is now more on refining pores, evening out texture and improving overall quality.

Older patients with laxity concerns can benefit from the dual effect of the Microneedling with Radiofrequency. As the Focus Dual offers many different needle depths and intensity settings for the RF, treatments can be easily customised for every different skin and level of concern.

How many sessions will I need?

Results can be seen after just one session. However, a minimum of 2 and up to 6 treatments, at 4-week intervals, deliver the best results, depending on the skin concern.

What results should I expect?

Most patients see an improvement 2 to 3 weeks after the first treatment. Results are natural and get better over time, peaking at 12 weeks following the final treatment.

Will there be downtime?

There is virtually no downtime. A slight swelling and redness are present immediately post-treatment but should subside quickly.



Skin Rejuvenation

Radiofrequency Microneedling rejuvenates lacklustre skin by supercharging collagen production, to reduce the appearance of wrinkles, fine lines and large pores, improving the overall texture of your skin.

- Smooth wrinkles & fine lines
- Boost collagen to lift & tighten the skin
- Shrink open pores
- Brighten dull skin

What benefits does Radiofrequency Microneedling have for your skin?

Microneedling has a number of benefits for your skin. The main aim of the treatment is to generate collagen so that your skin feels tighter, smoother and softer. After treatment you will see a smoothing of visible fine lines and a reduction in the appearance of pores for fresh, bright and tight skin.

How does Radiofrequency Microneedling work for Skin Rejuvenation?

Ultrafine needles penetrate the skin to different depths whilst simultaneously releasing radiofrequency (RF) energy to heat the skin in a controlled manner, stimulating a wound healing response leading to the production of new collagen and elastin.

What are the benefits of combining Radiofrequency with Microneedling?

Practitioners have seen much quicker treatment results when combining both radiofrequency and microneedling. For deep wrinkles, results can be achieved in half the time compared to single, standalone technologies.

How many sessions will I need?

Results can be seen after just one session. However, a minimum of 2 and up to 6 treatments, at 4-week intervals, deliver the best results, depending on the skin concern.

What results should I expect?

Most patients see an improvement 2 to 3 weeks after the first treatment. Results are natural and get better over time, peaking at 12 weeks following the final treatment.

Will there be downtime?

There is virtually no downtime. A slight swelling and redness are present immediately post-treatment but should subside quickly.



Skin Laxity

Sagging, lax and wrinkled skin can be revitalised and rejuvenated by using Radiofrequency Microneedling.

- Reduce sagging skin around the eyes
- Tighten crêpey skin on the neck, chest, hands & body from the inside out
- Lift, firm & tighten the skin
- Contour the face & body

What benefits does Radiofrequency Microneedling have for skin laxity?

Improvements in skin laxity are achieved by increasing collagen and elastin production, resulting in smoother, tighter and more lifted skin.

How does Radiofrequency microneedling work for skin laxity?

Ultrafine needles penetrate the skin to different depths whilst simultaneously releasing radiofrequency (RF) energy to heat the skin in a controlled manner, stimulating a wound healing response leading to the production of new collagen and elastin.

What are the benefits of combining RF with Microneedling?

For skin laxity cases, results can be achieved in half the time compared to single, standalone technologies.

How many sessions will I need?

Results can be seen after just one session. However, a minimum of 2 and up to 6 treatments, at 4-week intervals, deliver the best results, depending on the skin concern.

What results should I expect?

Most patients see an improvement 2 to 3 weeks after the first treatment. Results are natural and get better over time, peaking at 12 weeks following the final treatment.

Will there be downtime?

There is virtually no downtime. A slight swelling and redness are present immediately post-treatment but should subside quickly.



Scarring and Stretch Marks

Radiofrequency microneedling stimulates the repair process for scarring by immediately boosting the production of collagen. The result? Plumper and a more even skin texture.

- Smooth scars
- Improve skin tone
- Retexturise the skin
- Improve the appearance of stretch marks

What benefits does Radiofrequency Microneedling (RFM) have for scarring and stretch marks?

Scarring and stretch marks are very common concerns. The process of RFM helps the body produce new collagen and elastin, which will reduce fine lines, smooth out uneven textures, and reduce any discolouration from acne scars, surgical scars, traumatic scars and stretch marks.

How does Radiofrequency Microneedling work for scars and stretch marks?

Ultrafine needles penetrate the skin to different depths whilst simultaneously releasing radiofrequency (RF) energy to heat the skin in a controlled manner, stimulating a wound healing response leading to the production of new collagen and elastin.

The net result is an improvement in the appearance of facial or body scars, or stretch marks.

How many sessions will I need?

Results can be seen after just one session. However, a minimum of 3

and up to 8 treatments, at 4-week intervals, deliver the best results, depending on the skin concern.

What results to expect?

Most patients see an improvement 2 to 3 weeks after the first treatment. Results are natural and get better over time, peaking at 12 weeks following the final treatment.

Will there be downtime?

There is virtually no downtime. A slight swelling and redness are present immediately post-treatment but should subside quickly.



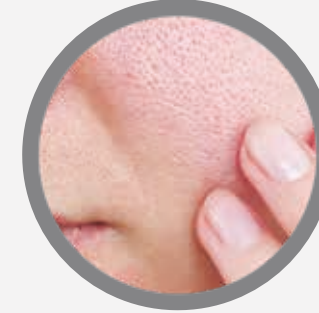
RFM

Targeted Treatments



Eyeblink lift for loose skin

Smooth acne and surgical scars

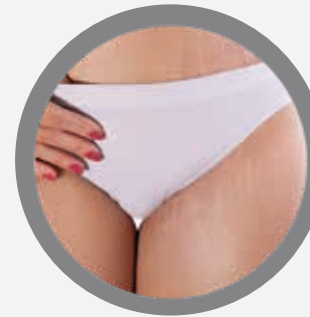


Shrink large pores and improve an uneven skin tone and uneven skin texture

Smooth fine lines and wrinkles



Tighten lax skin on the face, neck, chest, hands and body



Reduce stretch marks

Before & After Gallery

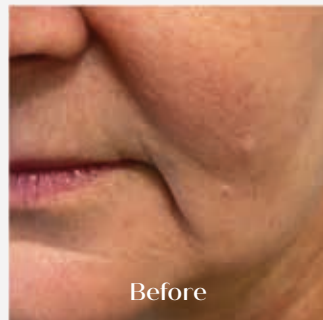


Before

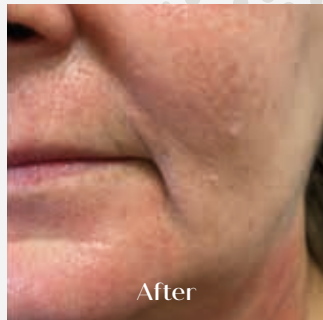


After

Eye Lift | 1 HIFU & 1 RF Microneedle Treatment | Courtesy of Clinic 10



Before



After

Marionette Lines | 1 HIFU Treatment | Courtesy of Clinic 10

Before & After Gallery



Before

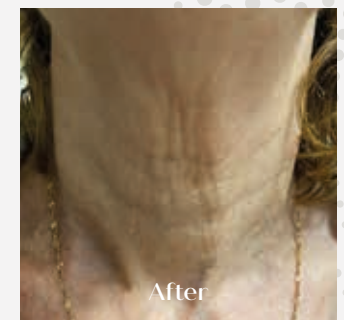


After

Skin Laxity | 2 HIFU & 1 Microneedle RF Treatment | Courtesy of Clinic 10



Before



After

Skin Laxity | 1 HIFU & 1 Microneedle RF Treatment | Courtesy of Clinic 10

As Seen In...

PROFESSIONAL
beauty

Aesthetics

aesthetic
MEDICINE

